

# **ALLERGENS GUIDE**

## MILK ALLERGENS\*

Rainhow bread

American cheese

Cheddar cheese

Parmesan cheese

Mozzarella cheese

Pepper jack cheese

Provolone cheese

Shredded mozzarella cheese

5-cheese blend shredded

Swiss cheese

Asiago cheese

Sour cream

Chocolate chip cookies

Peanut butter cookies

Chocolate chunk cookies

Caesar dressing

Chipotle ranch dressing

Ranch dressing

Diced chicken

Meathalls

Alfredo sauce

Broccoli cheese soup

Chicken tortilla soup

Chili con carne soup

Chicken tortilla soup

Tomato basil soup

Baked BBQ chips

Cheddar sour cream chips

Sour cream and onion chips

Cool ranch chips

Nacho cheese chips

Cheetos

Sun chips

## WHEAT ALLERGENS\*

Rainhow bread

Tortillas

White bread

Chocolate chip cookie

Peanut butter cookies

Chocolate chunk cookies

Meatballs

Philly steak meat

Penne pasta

Alfredo sauce

Sun chips

Chicken noodle soup

Chili con carne

Potato with bacon soup

Tomato basil soup

Vegetable beef soup

Tuna salad

BBQ chips

Baked BBO chips

Sun chips

Saltine crackers

Sprouted Wheat Roll

## TREE NUTS / PEANUT ALLERGENS\*

Peanut hutter conkies

Peanut butter

Rainbow bread (may contain peanuts)

Miss Vickie's Jalapeño chips

#### **EGG ALLERGENS\***

Chocolate chip cookies

Peanut butter cookies

Chocolate chunk cookies

Caesar dressing

Chipotle ranch dressing

Honey mustard dressing

Kraft mayo

Ranch dressing

Meathalls

Penne pasta

Chicken noodle soup

Tuna salad

Olive oil mayo

\*We have provided the most current information from our suppliers on common allergens of Goodcents® current approved products, so that our guests with food allergies can make more informed decisions. Goodcents® current approved products are subject to change and do not include seasonal variations, special orders, additions or deletions from the standard recipe, local suppliers, regional variations, promotional items, substitutions, items being tested and human error in the fresh sliced nature of our business. Please be aware that during normal operations involving shared preparation areas, the opportunity exists for food items to come in contact with others. Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens. Please contact questrelations@goodcentssubs.com with any questions or concerns.